

## Safe working in Confined Spaces with Escape & FULL Breathing Apparatus & First Aid

### COURSE AIMS

This course is intended to provide delegates with a thorough understanding of the dangers of confined spaces and to enable delegates to safely enter, work in and leave confined spaces using escape and full working breathing apparatus and associated safety equipment.

### LEARNING OBJECTIVES

At the end of this course the delegates will: -

- Be aware of current applicable legislation
- Have a clear understanding of the hazards relating to working in confined spaces
- Be able to carry out risk assessments for working in confined spaces
- Have a clear understanding of the operation and use of gas detection equipment
- Be able to use escape breathing apparatus, self-contained breathing apparatus and other associated equipment
- Have a clear understanding of the safe working procedures and evacuation procedures relating to confined spaces
- Be aware emergency procedures and basic rescue techniques
- Be aware of relevant hygiene procedures
- Be able to carry out Emergency First Aid procedures

### COURSE DURATION

Three days.

### PRE-REQUISITES

There are no particular educational or competence pre-requisites for the course. However, the following factors are essential: -

- Delegates must be physically fit and not suffer from claustrophobia
- Delegates will need to be clean shaven for the practical exercises (in order to use breathing apparatus). Please advise upon booking if any delegates are not suitable to wear facemasks.

### PERSONAL PROTECTIVE EQUIPMENT

The practical element simulates working conditions therefore, delegates **MUST** be in possession of:-

- Hard hat
- Protective Clothing
- Safety Footwear

The protective equipment must comply with current safety standards.

### CERTIFICATION

Certificates of Training and Emergency First Aid will be awarded to the delegate on completion of the course.